



ST. MONICA SCHOOL

*Where Students Are Loved and Challenged
Our 90th Year of Quality Education!*

The Principal's Weekly Newsletter



Go Bulldogs!

2009 - 2010, Number 05
Mr. Vincent Sweeters, Principal

Wednesday, September 23rd
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ITBS Testing Continues

A simple reminder that our ITBS testing will continue through next week. I ask that you join me in promoting smart preparation and test taking strategies for our students.

My recommendations for preparation are:

1. Good rest - go to bed early and get a good night sleep.
2. Good nutrition - eat a good breakfast and bring healthy, nutritious snacks to school.
3. Be present - if you are sick, of course you should stay at home, but please avoid unnecessary absences.
4. Don't worry - don't stress the test. There is nothing to get overly worked up about, just do your best.

Schoolwide Learning Expectations, pt. 2/5

Our Schoolwide Learning Expectations are an integral part of the student and family educational experience at St. Monica School. As these expectations form a foundation for our entire curriculum, it is our intent that students at all levels will be introduced to these concepts, have opportunities to practice, and achieve mastery by the time they graduate.

The students of St. Monica School are:

- I. Spiritually Centered People
- II. Academically Empowered Learners
- III. Effective Communicators
- IV. Globally Conscious Citizens
- V. Well-Rounded Individuals

This week, I highlight the domain of "Academically Empowered Learners." The ways in which we train our students to become academically empowered learners are to promote activities and exercises which encourage the students to:

- A. Exhibit curiosity, enthusiasm, and self-motivation for lifelong learning
- B. Demonstrate a broad academic foundation, which employs critical thinking skills.
- C. Think creatively to recognize and solve problems.
- D. Develop effective personal organization, research, study, and technology skills.

Flu and Illness Protocol and Prevention:

Also, continue to follow prevention strategies:

1. Stay home when sick, especially if you are experiencing fever conditions.
2. Wash your hands frequently - be sure to use soap and water and/or sanitary hand cleaner.
3. Cover your nose and mouth with tissue when coughing and/or sneezing. Dispose of tissue properly.
4. Keep vigilant in regard to regular cleaning routines, especially in places that have frequent hand contact, such as desk and table tops and doorknobs.

Important Notice:

Forms and items due to the school office:

1. Parent/Student Handbook signature page.
2. Student Emergency Provisions Package.
3. "Class & Schoolwide Family Contact Info - Directory Information Request 2009 - 2010."
4. As our Fall Candy & Gift Fundraiser is now concluded, all QSP orders are due to the school office by Thursday, Sept. 24th, please.

Thank You...Thank You...

My great thanks to Michele Duffy for chairing the annual Grill & Thrill Picnic this past Sunday, Sept. 20th. The event was a smashing success - much in part to the members of the planning and implementation committee who set up and provided the infrastructure for the picnic. In addition to Michele, I would like to thank Joan Audibert, Angela Chan, Betty Gon, Danielle Greenwood, Ben & Kathi Jayme, Janice Kam, Janet and Vince Rinaldi, Raquel Sturges, Keith Wilson, and Stephanie Yee. Finally, a special thanks to Angela Chan for creating wonderful the wonderful "Bulldog Cake" that was enjoyed by all.

Upcoming Events...

- Sept. 23rd: Fall Candy & Gift Fundraiser ends.
- Sept. 27th: Our Student Choir sings at the 10:30 a.m. Mass followed by Friendship Sunday.
- Sept. 28th: 12:30 p.m. Dismissal for Faculty Professional Development In-Service.
- Sept. 28th: ITBS Testing continues for gr. K-2.
- Oct. 8th: Parent club Meeting, 7:00 p.m.
- Oct. 9th: Pizza/Bingo Night, 6:00 p.m.